

Online alcohol treatment, on your terms

Monument's all-in-one platform is designed to help you reach your sobriety or moderation goal.

- ✓ Expert care from your own home
- ✓ Confidential peer support
- ✓ Covered by insurance



*Member cost share may apply



Monument's evidence-based tools

Specialized Therapy

Medication Options

Moderated Support Groups

24/7 Anonymous Forum

The community forum and support groups are available in all 50 states. Therapy and medication-assisted treatment are currently available in Arizona, California, Colorado, Connecticut, Florida, Georgia, Iowa, Kentucky, Maryland, Michigan, Mississippi, New Jersey, New York, North Carolina, Ohio, Oregon, Pennsylvania, South Carolina, Texas, Virginia, Washington, and Washington D.C.

Not sure treatment is for you?
Looking to help a loved one?

You now have access to Monument's Community Platform:

- ✓ Daily moderated support groups
- ✓ 24/7 anonymous discussion forum
- ✓ Monthly webinars with thought-leaders
- ✓ Educational content & self-guided resources
- ✓ Specialized guidance for company leaders



“One month of treatment has been nothing short of game-changing. I’m sleeping better, my brain is clear, I’m losing weight, I’m going to exercise instead of happy hour. Just life-changing in the most profound ways.

Wonderful service!”

Monument Member



Ready to change your relationship with alcohol?
[Click here to learn more.](#) Use code **U3027** at sign up.

