What You Need to Know for 2025

Benefit	Highlights		
Deductible and Out-of-Pocket Maximum (OOPM) Changes	The in- and out-of-network deductibles and OOPMs for the Premium and Premium Plus HSA Plans, the Advantage HRA Plan and the Select HSA Plan will increase for 2025, driven by changes in IRS regulations. All plan enrollees will receive a new medical ID card. See page 5 for plan details.		
Gulfstream Health Savings Account (HSA) Contribution	If you are enrolled in the Premium Plus HSA Plan and open your HSA by December 1, 2025, Gulfstream will contribute to your HSA. Beginning in 2025, Gulfstream's HSA contribution will be divided into quarterly deposits (instead of a one-time deposit in January).		
Increased Contribution Limits to the Health Savings Account (HSA) and Flexible Spending Accounts (FSAs)	2025 annual IRS contribution limits - HSA		
	Employee Only	Increase to \$4,300	
	All Other Coverage Levels	Increase to \$8,550	
	If you are age 55 or older in 202	ou are age 55 or older in 2025, you may contribute an additional \$1,000	
	See page 6 for more information about HSAs.		
	2025 annual IRS contribution limits - FSA		
	Full Use Health Care FSA	Increase to \$3,200	
	Limited Use Health Care FSA	Increase to \$3,200	
	Dependent Care FSA	Remains \$5,000	
	See page 6 for more information about FSAs.		
	HEALTH CARE FSA		
	For 2024, you can roll over up to \$640 to use in 2025		
	Beginning in 2025, you can roll over a remaining balance <i>only if</i> you make an FSA election for 2026		
	DEPENDENT CARE FSA		
	Unused funds are forfeited, not rolled over		
401(k) Catch-up Contribution Change	Participants turning 50 or older by year-end are eligible for 401(k) catch-up contributions. Starting January 1, 2025, catch-up contributions will no longer require a separate flat dollar amount election. Instead, eligible participants will elect a total deferral percentage that will include both regular and catch-up desired deferrals.		
	Deferral elections will continue to be withheld until they reach the combined regular and catch-up contribution limits. The flat dollar catch-up election set as of December 31, 2024 will not roll over on January 1, 2025. Pre-tax, after-tax and Roth deferral elections as of December 31, 2024, will remain in effect unless updated on gdbenefits.com .		
Employee Assistance Program Reminder	Earlier this year, we introduced Mindstream™ — a fitness club for your mind! Provided through the SupportLinc EAP, Mindstream™ offers live and on-demand mental health and mindfulness sessions. Visit mygdsupport.com for more information.		