

Get a second opinion to get relief from aches, pains, and more.

Get a second opinion from a top specialist for your condition or concern with Included Health. It won't cost you a thing.

Tired of living with aches and pains? Find relief with Included Health, your no-cost General Dynamics benefit. We get a top specialist to review your case and give you a second opinion with no extra exams, appointments, or bills.

You get confidence in your care.
We handles all the hassles.

- We collect all your records, tests, and doctor's notes.
- We find a leading musculoskeletal expert to review your case and provide a second opinion.
- We discuss your treatment options with you and your doctor.



Get care for any MSK condition, including:

- Intervertebral disc disease
- Sprains, strains, and tears
- Back pain
- Knee pain
- Carpal tunnel syndrome
- Hernia
- Arthritis
- Osteoporosis
- Joint replacement
- Hip replacement
- And more

Included Health is available to all eligible General Dynamics employees and their covered dependents enrolled in a General Dynamics medical plan.



Download the app.

Visit mycastlight.com/general-dynamics or call Included Health directly at 1-855-408-1626 from 9am - 8pm EST (Mon-Fri).

